



# Boxelder Bug Days 10K, 5K Run/Walk & 1K Kiddy Run

**Saturday, Sept. 7, 2019**

**7:30 a.m. - 8:15 a.m. Registration**

**8:00 a.m. 1K begins**

**8:30 a.m. 10K & 5K Race Time**

Visit us at [www.runthebug.com](http://www.runthebug.com)

**Race Selection: circle one**

**1K      5K      10K**

**Entry Fee, & Apparel Selection: circle shirt size**

**These prices and selections available until Aug 25, 2019**

**\$12** – 1K Kiddy Run shirt only: YS YM YL

**\$20** – long sleeve shirt only: XS S M L XL XXL

**\$35** – ¼ zip shirt only: WXS WS WM WL WXL WXXL  
MXS MS MM ML MXL MXXL

**\$55** – **BOTH** long sleeve: XS S M L XL XXL  
and ¼ zip shirt: WXS WS WM WL WXL WXXL  
MXS MS MM ML MXL MXXL

**These prices and selections available Aug 28 – race day.**

**\$15** – 1K Kiddy Run Shirt only: YS YM YL

**\$30** – long sleeve shirt only: XS S M L XL XXL

*Must register by Aug 25 to choose a ¼ zip and assure shirt size! ¼ zip shirts come in men's or women's sizes.*

**Payable to:**

RUN THE BUG

**Fill in and mail registration to:**

Michelle Buysse  
3326 State Highway 68  
Ghent, MN 56239

**Registration:**

Highway 68 & Madison Street, Minneota  
(Prairie Winds Wellness parking lot).

**Course:**

A scenic run starting in downtown Minneota and traveling on Minneota's walking and biking path.

**Awards:**

Cash prizes will be awarded to the first place winner to the top male and female. Other prizes to be determined.

**Child care:**

No child care will be provided this year.

**Registration Form:**

*(One form per participant, please)*

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Birth Date: \_\_\_\_\_

Age on September 9<sup>th</sup>: \_\_\_\_\_

Male: \_\_\_\_\_ Female: \_\_\_\_\_

E-mail address: \_\_\_\_\_

**Release of Claims:** (All participants must sign) In consideration of your acceptance of my entry I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administrators waive and release any and all rights and claims for damages I may have against Minneota Boxelder Bug Days 5K Run/Walk & 1K Kiddy Run, the counties, cities and villages in which the race is conducted, and their affiliates, agents, servants, employees assigns, successors and any other sponsors and their representations, successors, and assigns, for any and all injuries suffered by me in the said event. I attest and verify that I will participate in this event as a footrace, that I am physically fit and have sufficiently trained for the completion of the event, and my physical condition has been verified by a licensed medical doctor. Further, I hereby grant full permission to the race and any organization conducting the race and/or agents authorized by them to use any photographs, videotapes, motion pictures, recordings, or any other record of this event for any purpose. I have read the foregoing and certify my agreement by my signature below.

**Signature:** \_\_\_\_\_

*(By parent or guardian if participant is under 18)*

**Date:** \_\_\_\_\_